Abstract
A sensitizing book that will bring you into a direct interface between the American health care system and the health care consumer. The consumers examined here are the ethnic people of color, including Blacks, Asians, Hispanics, and native Americans. You will find that the cultural issues of health and illness have been explored in four areas:

• provider self-awareness;
• consumer-oriented issues surrounding delivery and acceptance of health care;
• broad issues such as poverty (a barrier), and health care as a right (a bridge);
• examples and traditional health beliefs and practices among selected populations.