SMALL GROUP SESSION ONE  
Tuesday, August 18th or Thursday, August 20th  

Autobiographies and Medical instruments discussion

Suggested Readings:  
“MD to Be” (in your POM-1 packet)

POM1 Handbook introduction, section VIII: Small Group Functioning (available on-line and on your CD-ROM)

Handout on medical instruments (available on POM-1 website)

Brief outline:
1. Get to know one another by sharing formative experiences in a relaxed setting
2. Discuss medical instruments required for the course

By the end of this session, be sure to:
• choose a student liaison

Please remind students to wear white coat and name badge next week, and dress professionally.
SMALL GROUP SESSION 1

Objectives:

By the end of this session, students will be able to:

1. Begin to relate with other students and mentors in the small group
2. Talk about some of their life experiences and beliefs, and be able to relate these to the present.
3. Choose the types of medical instruments required for the course.

Brief summary:

1. Meet in an informal setting – preferably over dinner at the home of one of your mentors.
2. Come prepared to give a brief talk about some life experiences that have shaped you.
3. After you have had dinner, each person should present a brief autobiography to the group.
4. Everyone should tell something of their life story, focusing on formative experiences.
5. Ask questions after each person speaks.
6. The first person to speak should be a mentor.

Ground rules:

a. Everything discussed here is confidential. Treat others' disclosures with respect and discretion.
b. No one needs to tell any more than they are comfortable sharing.
7. Discuss medical instrument requirements.

We had a large group discussion with the students at the beginning of this week on the different medical instruments required and also oriented them to the different activities within the course. They were also given a handout with information on the different medical instruments (also available on the POM-1 website). They may still have questions or concerns. Please discuss within the group.

Note: Students will need some of the instruments this semester (i.e. Chest and Abdominal examination workshops are in November and
December, 2009 respectively, while the Opthalmoscopy workshop will be in early January)

Logistics:

1. Set a date and place to meet with the students for Session 1. This will likely have to be done by email as we will not have the convocation ceremony this year. Please remember to give directions. We will send you the names and emails of all students in your small groups.

2. **Choose one student as liaison.** This person will disseminate information among group members when needed and will provide feedback from the entire group to mentors and/or course directors. Once a semester, liaisons will meet with the course directors over (free) lunch to let us know how the course is going. Liaisons: please e-mail Robin Stevens (243-9635; e-mail robinstevens@virginia.edu) to be put on the liaison list.

**Open door reminder:** Please talk to us anytime, whether you are a liaison or not, with any suggestions for the course. Our e-mail and numbers are:

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